

## DISCOVER THE HERO WITHIN



ERO Boys is a youth development and engagement program for boys in  $3^{\rm rd}-5^{\rm th}$  grades. Using running as a base activity, HERO Boys inspires boys to discover the character and courage that resides inside each one of them to be brave, stand for that which is right, and use their talents and strengths to lead and set the positive example amongst their peers. The school-based program is 8 weeks long and culminates with the HERO Boys 5K run including boys from all schools participating in the program.

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HERO Boys Run Cub NJ

WHEN: Wednesday 3:45-5:15

March 22nd - May 17th

WHERE: Central School, Glen Rock

COST: \$75 – includes program tshirt

and celebratory 5K May 13th in

Hopatcong, NJ

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For more information about HERO Boys:

www.heroboys.org